



P4 Ilaw ng Lipunan

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PHILIPPINE Fiesta

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Sacramento 2023

June 4

P12 Jose Rizal Community Center

Hate Crime is for Deranged Mind

BY BENJAMIN ABAYA

Hate crime has been with us since time immemorial when there was the struggle of the fittest for survival. Men kill one another, powerful nations engulf the weaker ones by the tentacles of oppression and tyranny. If we are to peruse the pages of our recorded history, we will find out that even during the biblical time brutality of men against one another became unabated, especially in Bethlehem when some of the religious people were expecting the birth of the redeemer, Jesus Christ also dubbed the King of all Kings.



Photo by Dave San Pedro

Asian Americans standing up for anti-Asian Hate

Continued on page 4

SPRING BRUNCH

Hosted by Pacific Rim Heritage Foundation and Filipino Community of Sacramento & Vicinity



Chicken dance by the happy Filipino-American community members who supported the event

BY DALE ESPERANTE

The weather cooperated on April 16, 2023, signaling the blossoming of Spring. Not only did the sun shine, but also the community who came to support the fundraising event held at the Asian Resources, Inc. (ARI) at 6270 Elder Creek Road, Sacramento, CA 95824.

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Photo by Dale Esperante

All smile Rosalie Crandall with other event hosts

Maharlika Lion's Club Medical, Dental, and Vision Mission 2023

BY MARK BAMBA

For the past 45 days in the Philippines we have been imbedded with great charity projects. This trip started in Pampanga with a visit to one of our adopted schools - Eucharistic Hope and Kindness Home for abused girls where we gave them food supplies, new shoes, monetary donation, Jollibee meals, and children's vitamins.

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A full medical mission: medical checkups, diabetes screening, giveaways, medicines, and food.

Mabuhay Medical Mission

BY GABRIEL ORTIGOZA

Mabuhay Foundation International from Sacramento, California conducted a successful mission in Davao City at Mag-saysay Elementary School, Bankerohan Gym and Mintal Gym on March 5-10, 2023.

Founded in 1995, MFI or simply Mabuhay has been conducted medical, dental and optometry mission every two years. The mission was disrupted in 2020 during the Covid 19 Pandemic due to travel restrictions. Thanks God the pandemic is over.

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The medical mission provided free dental fillings, cleaning, and extraction services.

NEDA chief: El Niño, inflation a dangerous combination

BY BELLA CARIASO

Manila, Philippines — A “dangerous combination” of El Niño and inflation is threatening to push more people to poverty, the National Economic and Development Authority (NEDA) yesterday said, as it assured the public that the government is working to protect the vulnerable sectors from its impact.

NEDA chief Arsenio Balisacan said El Niño, which is likely to hit the Philippines in the latter part of the year based on forecast of the weather bureau, is expected to lower the production of the agriculture sector.

“What we want to ensure is that we can mitigate the negative effects of El Niño. We can start planning and putting the necessary adjustments now to reduce the negative effects, while at the same time, already making arrangements for the nec-

essary support for those who are most exposed, particularly the vulnerable groups,” Balisacan said in a press briefing at Malacañang.

“With the inflation, the elevated inflation that we have now, if we are unable to reduce that inflation, and then you get this El Niño phenomenon, that is a dangerous combination and we want to prevent that from happening,” he added.

Balisacan said mitigating the impact of inflation and El Niño is part of the social protection measures the government would undertake to prevent people from falling into poverty.

“Once they fall, it’s extremely difficult for them to go up and we don’t want that,” the socioeconomic planning secretary said.

Inflation slowed down to 7.6 percent in March from 8.6 percent in February. Earlier this week, NEDA said it expects inflation –



NEDA chief Arsenio Balisacan said El Niño, which is likely to hit the Philippines in the latter part of the year based on forecast of the weather bureau, is expected to lower the production of the agriculture sector.

the rate of increase in the prices of goods and services – to be within the two to four percent target this year.

“We are actively monitoring the situation and implementing the necessary measures to ensure that by the end of the year, we should be on our target of roughly around four percent and at 3.5 to four percent. So we are on that downward trajectory already,” Balisacan said.

Marcos has directed

agencies to create an El Niño team so they can effectively address the impact of the phenomenon.

Drop in rice prices

After weeks of spikes, meanwhile, retail prices of rice are expected to drop by P6 per kilo by

August largely due to lower production cost, farmers’ group Samahang Industriya ng Agrikultura (SINAG) said yesterday.

In an interview with The STAR, SINAG president Rosendo So noted that rice production cost is

expected to significantly go down as the price of fertilizer has gone down to P1,200 per sack from the previous P2,500.

“The fertilizer cost dropped from P2,500 to P1,200 nationwide. This means the production cost of the farmers will be lessened and we expect a drop in the prices of rice by August,” So explained.

He said the price of local regular milled rice will go down to P30 per kilo in August.

Based on the monitoring of the DA yesterday, the retail price of regular milled rice ranged from P34 to P40 per kilo. So noted that a farmer spends P25,000 per hectare for fertilizer.

“With the decrease in the fertilizer, the production cost will drop to P12,000

Continued on next page

Show Up for Local Nonprofits!

May 4, 2023

BigDayofGiving.org

Big Day of Giving



Editor’s Note

We’re not wasting any time! We’re back in full swing with attending community events after a hibernating vacation in the Philippines. Needless to say, it’s all about fun in our community, but all for good causes.

One of the biggest events in Sacramento is the Filipino Fiesta which will be held on June 4, at the Jose Rizal Community Center. There are many ways to participate such as being sponsors, vendors, talent participants, or just as plain fiesta attendees. It’s a big project to undertake for the Filipino Fiesta of Sacramento organization. It’s going to be one of the biggest and celebrated event, since COVID and its success depends on everyone’s support. Reach out to the organizing chair, if interested in supporting this annual festivities in our community.

Congratulations to the Maharlika Lion’s Club and Mabuhay Foundation for their successful medical and dental mission in the Philippines. The same goes to all the Lion’s Club members of District 4C-5 for their successful convention held at the Hilton Hotel in Sacramento, and most especially to Lion Zenny Yagen as the new District Governor.

Big Day of Giving is coming up! Choose your favorite organization to support in any way you can. If by chance, you’re looking for one, the Filipino Community of Sacramento and Vicinity can be a good recipient. It has been long overdue but it will soon be a reality to have a Filipino Community Center of our own. Your monetary contribution will make it happen and will be very much appreciated.

Asian Hate continues to be a real problem around us. Philippine Fiesta News, if everything works in our favor, will continue to work with the Laban Group to stand against it. Let us know of any concerns regarding this matter.

Until our May issue of PF News!

With love always,
Dinnah San Pedro

El Niño, inflation a dangerous combination

From page 2

plus the government subsidy of P6,600 per hectare so more or less, the production cost of a farmer will only reach P4,000 to 5,000," So added.

At the same time, So said that the country's rice production is enough until March 2024, contradicting a warning from Federation of Free Farmers (FFF) national manager Raul Montemayor of a looming rice crisis during the lean months of July to September.

"There will be no problem in the supply as the SPSICs (sanitary and phytosanitary import clearances) issued by BPI (Bureau of Plant Industry) have already reached 3.1 million metric tons (MMT). More than 700,000 MT already arrived and we expect more volume to arrive, but lesser than the 3.8 MMT last year," So added.

2.1 million MT of rice needed

The country only needs 2.1 MMT of imported rice to ensure enough supply of the staple food, he pointed out.

"If the 3.1 MMT of imported rice will come in plus our local production, our rice supply will reach until March next year," So added.

At the same time, So maintained that there is no need for the government to import rice to improve the buffer stocks of the National Food Authority (NFA).

"The NFA should buy from the local farmers as the RTL (Rice Tariffication Law) prohibits NFA. The NFA should go to the farmers to encourage them to sell their produce and second, increase the buying price of NFA," So

added.

According to So, the farmgate price of palay is expected to drop to P18 per kilo for dry and P15 per kilo for fresh.

"The retail price of rice can go down to P27 per kilo by next year," he added.

He said rice sufficiency is achievable in 2025 to 2026 if the subsidy to farmers will continue.

"We can achieve it ahead of the target of 2027, by 2025 to 2026, depending on the direction of the economic team. We are 80 percent sufficient and we only need 20 percent. We were 90 percent sufficient before but it went down last year because of the direction of the former president (Rodrigo Duterte). It discouraged the farmers to plant," So added.

He said the country needs to reach at least 24 MMT palay production, from the current 19 MMT palay production.

"If the area of production increases and the harvest will reach six tons per hectare or 5.5 tons average, we will meet the self-sufficiency target," he said.

So also called on the DA to encourage farmers to plant early to minimize the impact of the El Niño phenomenon.

"The projection is that it will affect the third quarter of the year. Farmers should plant early before the expected drought as we also expect typhoons to still come in," he said.

KEEP OUR COMMUNITIES SAFE.

STAND UP TO ANTI-ASIAN HATE.

35% (154) OF INCIDENTS WERE REPORTED TO HAVE OCCURRED IN A PUBLIC SPACE (I.E. STREET, PARK, SIDEWALK, PARKING LOT).

If you have experienced or witnessed an incident of anti-Asian hate, bigotry, bias, or discrimination, report at STOPHATE.CALCIVILRIGHTS.CA.GOV or call **833-8-NO-HATE (833-866-4283)**. **YOU ARE NOT ALONE.**

THE LABAN GROUP

COMMUNITY CALL

MAY 1, 2023 8:30AM

JUSTICE FOR THE ARRIOLA-OCHENGCO FAMILY

On Feb. 1, 2023, Nicandor "Nikki" and Julienne Ochengco became victims of yet another hate attack, right in front of the California State Capitol in Sacramento. The Filipino elderly, migrant couple suffered extensive bruises and injuries while the assailant fled. With an inability to work, the couple also fears the arrival of medical bills.

Help the Arriola-Ochengco's calls for justice and accountability at their Court Hearing.

Learn more about their story at bio.site/MKFundraiser

651 I STREET, SACRAMENTO, CA
Lorenzo Patino Hall of Justice
Community Members will meet outside at the corner of 6th and I Street

nafcon

TEACH-IN

HISTORY OF ANTI-ASIAN VIOLENCE IN SACRAMENTO AND THE US

In the wake of the Arriola-Ochengco case, community members are gathering to discuss the impacts of hate towards the Asian American community and the historical roots of anti-Asian violence since the 19th century. Join us to learn more!

APRIL 27 6 - 7PM | **KAPIT BAHAY**
6051 Mack Rd.
Sacramento, CA 95823
FOOD WILL BE SERVED!

RSVP Now!
tinyurl.com/kapitbahay427

Photograph by Andri Tambunan



AAPI HATE AND VIOLENCE DISPROPORTIONATELY IMPACTS FILIPINA WOMEN AS THEY ACCOUNT FOR 55% (247) OF THE REPORTS IN CALIFORNIA.* But that darkness cannot dim our light. Proudly burn bright to lead our community. If you have experienced or witnessed an incident of anti-Asian hate, bigotry, bias, or discrimination, report it at **STOPHATE.CALCIVILRIGHTS.CA.GOV** or **CALL 833-8-NO-HATE (833-866-4283).**

YOU ARE NOT ALONE.



The following ad campaign is brought to you by the Laban Group: Filipino Ethnic Media Collaborative. This group aims to promote awareness in our beloved Filipino American community and the broader public about anti-Asian hate incidents and crimes; reduce stigma surrounding the reporting of hate incidents and hate crimes; enhance understanding of resources for victims and survivors; and, to promote community healing and cross-racial collaboration. This collaborative is funded by the "Stop The Hate" campaign from the California State Library in partnership with the California Commission on Asian and Pacific Islander American Affairs. Learn more at linktr.ee/labangroup.

*Data pulled from the Bulosan Center's report on California Filipinos which gathered data from Stop AAPI Hate



BY BENJAMIN ABAYA

From page 1

Hate crime has been with us since time immemorial when there was the struggle of the fittest for survival. Men kill one another, powerful nations engulf the weaker ones by the tentacles of oppression and tyranny. If we are to peruse the pages of our recorded history, we will find out that even during the biblical time brutality of men against one another became unabated, especially in Bethlehem when some of the religious people were expecting the birth of the redeemer, Jesus Christ also dubbed the King of all Kings.

When the Roman Emperor Nero heard this information, he ordered the killing of all infants on the period Jesus Christ was born in Bethlehem to ensure that only his dynasty will succeed him in the future. No further explanation to show that such brutality was indeed an act of hate to ensure that such an assumption by the believers was far from reality. As expected, Jesus Christ became a preacher to his flock, until he was accused of rebellion for preaching the words of His Father contrary to the laws of the Roman Empire.

Despite being innocent of the charges against Jesus Christ as decided by Augustus Caesar, the Jews picked Barabbas to be freed and let Jesus Christ in his place to be crucified where He died only to risen after three days. Those were in nutshell the events leading to the celebration of Christianity's Holy Week.

Before dealing further on our main subject matter, let us first know the meaning of our topic of discussion. Hate crime, as defined by my public legal source of reference, is any criminal act

or attempted criminal act directed against a person or persons based on victim's actual or perceived race, nationality, religion, sexual orientation, disability or gender. We cannot possibly go deeper into the mind of the would-be perpetrator of this kind of crime unless he has been examined by a psychiatrist to declare him or her to be mentally unbalanced and therefore unfit to possess a firearm or any deadly weapon.

Conversely, the surge of criminality in the United States is not based on one or two factors but several circumstances. Among such instances are extreme poverty, homelessness, marital problems, racial discrimination, health and mental problems. One way to stop such criminal occurrences is the strict enforcement in the selling of firearms especially assault firearm which is obviously a weapon of war. Accordingly, there are many types of rifles that can be changed into assault weapons by converting them into rapid firing firearms including handguns with extended magazines, that complete the favorite weapons of mass murderer to kill as many persons as possible that he can find until the killer is being neutralized or stopped by our law enforcement officers.

Sadly, with current require-



A speech at a rally against Asian hate crimes

ments of buying firearms of any kind are easier which can easily fall on the hands of people who are mentally deranged or use other than that of self-defense. It is about time that there should be stricter requirements in the purchase of firearms in age and mental examination so that we can determine the purpose of the purchaser.

Firearm ownership should be limited to one firearm of any kind for every one person. Undoubtedly, if there are such

every day is committed with at least four persons are killed excluding the perpetrator of the crime.

It has been observed that most of the victims of hate crimes among Asians were the helpless elderly who were just walking on the pavement of the street or elsewhere with people nearby when they were pushed and assaulted brutally by strangers with no apparent reason yelling at them to go home where

stringent requirements in the purchase of firearms, everyone will benefit, and it will greatly reduce criminality including crimes perpetrated against Asians. Those kinds of firearms are so dangerous that helpless children and their teachers can be massacred in just a few minutes without the quick intervention of our law enforcement agencies. It is about time to take charge and have the upper hand by eliminating the most dangerous weapons from the hands of mass murderers. It is even shocking to know that as of this time, an average of

one mass murder event is committed with at least four persons are killed excluding the perpetrator of the crime.

they come from. Investigation disclosed that most of those incidents were committed simply because the victims were Asians, and the perpetrators of the crimes blamed them to have caused the spread of the COVID-19 virus that compounded their personal problems or even their poor living conditions.

We must bear in mind that the pandemic has caused not only millions of deaths and innumerable hardships in all the countries of the world and to say that the Asians have spread the virus is a clear indication of a plain racial discrimination. Strict adherence to the health protocols imposed by the health authorities concerned are the best solutions to reduce or to eventually end the spread of this deadly disease. Many countries including the United States have strictly and meticulously imposed such health protocols that resulted to declare the end of some protocols against the spread of the deadly virus, although the vaccine and the medical attention will be continued and monitored to avoid the reappearance of the virus.

Our journey to recovery will be arduous and still dangerous along the way but we will persevere and with our united determination and our high degree of civility everything will return to normal. We profoundly thank our leaders, veterans as well as the movers and shakers in our community for their undying efforts to remind us to follow all the health protocols and avoid being a victim of hate crimes.

All Filipino American organizations in Sacramento and outlying areas are not exclusive but welcome other nationalities for membership, regardless of political, racial and religious differences All of them are welcomed to be members to any of the organization or to number of organizations depending on their availability to attend for their membership respective colorful celebrations or gatherings.



Asian American participate in an "Anti-Asian Hate" rally in Florin Mall, Sacramento CA



Sacramento Maharlika Lions Club Medical, Dental and Vision Mission 2023

BY Lion MARK BAMBA

From page 1

Next was a joint project with Angeles City Clark Balibago Lions Club of Pres Janine Bravo and VP Raffy Garcia where Aeta indigenous people were picked up and bused to Polytechnic University in Clark where we provided them dental care, medical checkups, diabetic screening, giveaways, medicines, and food. This was observed by a number of other Lions Clubs around the area along with PID Michael So. This trip would have been tremendous already but we were not even halfway.

The third segment had us partnering with Baguio City Host Lions Club headed by President Perlita Cuyan and IPP Nikko Go. We provided feeding, dental kits plus school supplies giveaways at Don-togan Elementary School in Baguio.

This was followed by a full medical mission right in the heart of La Trinidad Benguet in the grounds of the Mayors Office who welcomed us with open arms!! We not only provided medical checkups, vision check, feeding, and medicines - we also provided free dental fillings, cleaning, and extraction services.

The very next day, we headed to Pugo La Union accompanied by the same successful dental team of 14 professionals headed by DDS Jonathan Pangan and our very own Doc Lynn Ventura who headed a group of 27 doctors. Also present were the same Ophthalmology group who provided vision services. Our visit to Pugo resulted in 20 free cataract surgeries being provided to the very poor plus over 600 dental patients served and several hundred adult and children receiving medical attention.

Then we were off to Davao for the last third of our intended missions. Disregard stomach issues, lack of sleep and running on adrenaline, we forged on with our next and very familiar partners in Mt Apo Lions Club headed by Pres Doc Helen G. Delima where we served a remote village at the foot of Mt Apo providing the same dental, medical, vision, and diabetic screening services.

We also visited our other adopted school- Davao School for The Blind where we gave an impactful monetary donation. We also visited Padre Pio Orphanage where we were serenaded by songs and music from both children and staff. We provided them with food and a small monetary donation.

All that has left us energized and so looking forward to our next mission tentatively scheduled for February or March 2025.

Thank you to President Janine Bravo and VP Raffy Garcia of ACCBLC, President Perlita Cuyan and IPP Nikko Go of BCHLC, President Doc Helen Delima of DC Mt Apo LC, and the ever hard working Maharlikans LEF by President Frank Zabal, this was truly a memorable trip for all!!!

Photos by Frank Zabal



Mabuhay Medical Mission

BY GABRIEL ORTIGOZA

From page 1

There were a total of 459 people seen during medical mission.

Dental team performed 157 tooth extractions. The team likewise distributed dental kits which contain toothbrush, toothpaste and dental floss to 159 recipients.

Medical team composed of three medical doctors, one nurse practitioner and 39 registered nurses from California plus three medical doctors from the local government unit of Davao City have seen 442 adult and 200 pediatrics patients.

Mabuhay laboratory services performed finger sticks to every patient during the mission.

Food baskets were also given to the people in the medical mission. P50,000 worth of fresh eggs were distributed.

A total of 1,046 different stuff toys were given to kids in the mission. A big smile seen to the little ones who receive the toys was priceless.

Our Anti-Dengue Teams performed teaching to 72 participants from the LGU of 3 barangays in this mission.

This recently conducted mission was well planned and organized. Physical set up team was very effective. Punctuality was emphasized by the leadership of Manong Tony.. Medical supplies were shipped from California to



The Mabuhay Foundation International medical team with three doctors, one nurse practitioner and 39 registered nurses from California and three medical doctors from the local government unit of Davao City.


Davao three months in advance. Hygienic supplies like wipes, toilet papers, paper towels were also packed and shipped.

Bottled water in boxes were purchased at the local grocery store in Davao City for the team's Island hopping in the islands of Samal and Talikod was the best activity in 28 years of MFI existence according to Mabuhay president Manong Tony. "Members listen to the leadership and courteous to everyone," he added.

The next medical and dental mission is scheduled in 2025 in Butuan City. Then in 2027 will be in Isabela in Region 2 and then probably Iloilo City. For those Fil-Am who are interested to join the mission, please join Mabuhay Foundation International.



Photos by Gabriel Ortigoza





DONATE, DINE, AND DESIGN BENEFIT DINNER

Thursday, May 4, 2023 | 5pm-7pm

ARI Headquarters
6270 Elder Creek Rd, Sacramento, CA 95824

For a \$150 or more donation, you will receive dinner for two!

<p>DONATE!</p> <p>Pledge with us by Tuesday, April 25th, 2023!</p> <p>Scan the QR code & fill out the form!</p> 	<p>DINE!</p> <p>Join us on Thursday, May 4th from 5pm to 7pm at our Headquarters for a chef-cooked Barbecue dinner with fixings, drinks, and entertainment! Please make check payable to "Asian Resources, Inc." In a rush? Take the meal to go.</p>	<p>DESIGN!</p> <p>Design our youths' future! All proceeds will go to ARI's Youth Executive Academy, a one-of-a-kind program tailored for youths ages 16-24. ARI is committed to prepare the future force of California through coaching, leadership training and work experience program.</p>
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You can also donate here:
<https://www.bigdayofgiving.org/organization/Asian-Resources>

Questions? Interested in Sponsorship?
Contact Jackie.Y@AsianResources.Org

Posthumous Award of the Congressional Gold Medal to USAFFE Soldier Petronio Ado

BY DALE ESPERANTE

Rey Ado, a Vietnam Era veteran drove from Sacramento to the bay area on April 15, 2023, to receive the Congressional Gold Medal awarded posthumously to his father, Petronio Ado.

During WWII, Petronio served as a member of the United States Army Forces in the Far East. He was a soldier, a Bataan Death March survivor, and a Prisoner of War (POW) survivor.

In 1955, WWII Veteran Petronio Ado immigrated to the United States. Wife Concordia, daughter Pacita, and son Rey (12 years-old) followed Petronio in July 1960. Rey's father was born on May 7, 1906, and died on March 21, 1993. Rey's mom, born on August 12, 1912, passed away on October 1, 2018.

When Air Force MSgt-Ret Rey Ado received his father's Congressional Gold Medal, he wore his Air Force military uniform to honor his heroes: Parents Petronio and Concordia Ado. Rey's older sister, 90-year-old Salvacion Elarmo Rodarte witnessed the ceremony along with the younger members of the family.



Old photo of Rey's parents



Rey Ado receiving the Award



Rey Ado and his San Francisco childhood friends who also received their fathers' awards.



A photo of the Congressional Gold Medal taken in 2017



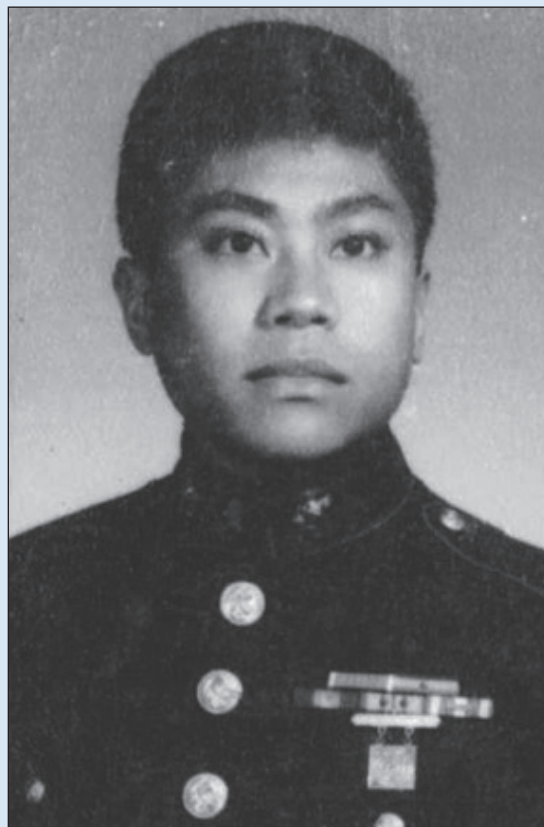
Another hero in the family was Rey's oldest brother, Bernardo who passed away on April 19, 2015. Bernardo, born on June 26, 1927, too young to enlist in the military during WWII, joined in the guerrilla warfare against

the enemy forces at the tender age of fourteen (14) years old in Luzon's Nueva Ecija region. Congratulations to the Ado Family, especially to American Legion Magellan Post 604 Officer, Director of Americanism Rey Ado! Thank you, Rey,



Rey Ado's family who came to the award ceremony.

for your continued service, for your family members who served and fought for freedom and for sharing your family's military history, and especially during WWII.



Amando Ureta Pereira

February 26, 1947 — April 3, 2023

Amando Ureta Pereira, a Filipino by birth, served his country as a distinguished Marine and veteran of the US Armed Forces.

He peacefully passed away at the age of 76 in his Elk Grove residence, leaving behind his cherished legacy of humility, integrity, and devotion to both his country and his family. He is survived by his four children, Melanie, Natalie, Erik and Cynthia; five grandchildren, Cyrus, Joshua, Emma, Daniel and Xander Leigh; and former wife Leila, who will always hold his memory dear.



Araw ng Kagitingan

BY GABRIEL ORTIGOZA

During World War II, the whole of Asia, except the Philippines, has been conquered by the Japanese.

The valiant Filipino soldiers gave the Japanese imperial army hard time to get the Philippines.

Our brave soldiers defended the Philippines for 3.5 months of tough fight against the Japanese army.



Filipino soldiers of World War II

Neighboring Asian countries like Malaysia, Indonesia and Singapore surrendered to the Japanese within one month of battle.

It was April 9, 1942 when the last defense of the free world against Japanese aggression ended in Bataan, Philippines.

The seawater of Bataan and Cavite is a passageway towards Corregidor Island where US army general Douglas MacArthur was stationed.



A salute to the defenders of freedom and democracy

the Japanese army and became Prisoners of War (POW) after our troops run out of ammunitions.

In fact, at the later part before their surrender, our troops gathered stones and rocks and used them as weapons against the Japanese by throwing those stones against the enemies.

These brave POWs were

brought by the Japanese army from Bataan to San Fernando, Pampanga by foot under the scorching heat of summer season starting April 9th till the 15th.

Hundreds of Filipino and American soldiers died walking along the way due to dehydration. There was a total



Filipino Veterans

Photos by Gabriel Ortigoza



Day of Valor (Araw ng Kagitingan)

death of 20,000 troops. Our heroes sacrificed their lives and limbs to protect and give us freedom.

Today, April 10th, Monday, was declared holiday by president Ferdinand R. Marcos to

remember The Fall of Bataan as Araw ng Kagitingan (Day of Valor) to celebrate the heroism of our soldiers.

Mabuhay sa ating magiging na mga kasundaluhan. Mabuhay tayong lahat.



FILIPINO AMERICAN VETERANS ASSOCIATION SCHOLARSHIP PROGRAM FOR HIGH SCHOOL GRADUATES FOR THE SCHOOL YEAR 2023

OBJECTIVE: To recognize high school graduates who had outstanding academic performance in school as well as in extra-curricular activities.

QUALIFICATIONS:

1. Applicant must be a natural or legally-adopted child or grandchild of a FAVA member, who has been a member for not less than one year by application submission deadline, unless the new member applied for lifetime membership.
2. Applicant must be a graduating high school senior with a 3.7 GPA or higher.

REQUIREMENTS:

1. Applicant must provide a transcript of record (bearing the school seal) in a sealed envelope. The transcript must include the record from 9th to 12th grade.
2. Applicant must submit a resume stating school extra-curricular activities, leadership experience and community involvement.
3. Applicant must participate in the selection process through oral interview via zoom or facetime, if necessary.
4. Applicant must submit an essay of not less than 250 words on the subject of "My Goals and Objectives in Completing a Program of Higher Education".

5. Applicant must be present (unless already out of town for college) during the award ceremony to accept the award.

AWARDS CRITERIA:

1. Academics
2. Leadership Experience
3. Extra-curricular Activities
4. Community Involvement & Participation
5. Essay
6. Interview (if necessary)

NOTE: The decision of the FAVA Scholarship Committee is final and non-appealable.
DEADLINE FOR APPLICATION: Postmarked or emailed by June 30, 2023.

Submit questions to:

Sonia Delizo, 916-230-8472, email address: sorudelizo@gmail.com or
Beth Velasco, 916-502-2752, email address: bcvelasco@aol.com

SPRING BRUNCH

Hosted by Pacific Rim Heritage Foundation and Filipino Community of Sacramento & Vicinity

BY DALE ESPERANTE

From page 1

Proceeds of the fundraising will go to the eventual building of our very own Philippine Center in Sacramento. Financial sponsors and donors, including in-kind donors, filled the venue emphasizing the strength of the community's unity in the goal for a central hub.

The program included activities that kept the community happily together from the start at 10am until the end at 2pm. For brunch, everyone received a generous serving of plated Filipino-style breakfast/lunch.

Everyone also enjoyed the entertainment, such as, singing, ukulele/singing by Dick Mazon, Electric Slide line dance, Kapitbahay Dancers, Pamaypay ng Maynila by the Pinay Dancers, the Chicken Dance, and more. Congratulations to the or-



More rice and fried rice



Rose, Ato dela Cruz, Mena and Henry and company

ganizers and thank you to those who came to support.

We are immensely grateful to Asian Resources, Inc headed by Regie, Billy and Ava for the priceless generosity in allowing us to use their facility as well

as to our generous sponsors and donors.

Thank you to the Pacific Rim board members led by Vince A. Sales. And Elsi Ligaya who worked hard to promote East Lawn niches as another source of income for the building fund.



Electric Slide line dance

Photos by Dale Esperante



FCSV food servers



Pinay dancers (Pamaypay ng Maynila)



(L to R) Mina, Auring, Murray, Reggie, Josie, Lilia, Rose, Ebeng and Dinnah

Meals on Wheels by ACC-Serving Sacramento County Seniors

BY MURRAY NAVARRO

They are recognized as avid volunteers. Kudos to both of you Bembet and Manang Luz!

April is Volunteer Appreciation Month and without all the wonderful volunteers who give so much of themselves every day, Meals on Wheels would not be able to serve our senior community to the very best of our ability!

Meals on Wheels understands the true value of volunteers and applauds their giving spirit.

The people who volunteer for Meals on Wheels are touching lives every day, in many ways. When DISHES launched our Café Elk Grove location and began to serve a large community of Filipino seniors, we noticed many spoke Tagalog. In



Bembet and Manang Luz

order to serve our participants better, we reached out for volunteers who also spoke Tagalog and Bembet and Luz answered the call!

They have volunteered every Monday to help ensure that our senior participants receive their meals with a smile and a warm hello.

"I love coming here every

Monday, she has created many new friendships.

Luz's wing-person, Bembet, has also been there since the beginning of the program to provide a warm smile and help to hand out the meals. "Serving and helping senior citizens is what volunteering is all about", Bembet tells us and adds "I also like socializing and meet-

ing new friends". Both of our volunteers have been helping in their Filipino community for years.

When you chose to donate on Tuesday, May 4th, during the BIG Day of Giving, you are helping to give back to the

community in which you live, Sacramento. Meals on Wheels works hard every day to ensure our senior participants have availability to a fresh, nutritious meal. Handing out smiles along the way is the cherry on top.

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[Only IN Hollywood] ‘Beef’ actors reveal how roles got them so angry they broke into hives

BY RUBEN V. NEPALES

LOS ANGELES, USA – Beef actors Steven Yeun and Ali Wong got so involved in playing angry that they actually broke out into hives. And creator Lee Sung Jin revealed that, at first, somebody like Stanley Tucci was being discussed as the adversary of Steven’s character, not Ali.

These were among the revelations in the Beef panel featuring Steven, Ali, and Sung – also the show’s producer, showrunner, and writer – at the SXSW (South by Southwest) Festival last month in Austin, Texas.

From the transcript that I obtained, I am sharing excerpts of the discussion on Beef, which has since become one of the most-watched shows on Netflix.

A mini-series that begins with a road rage incident involving Steven’s Danny and Ali’s Amy, Beef shatters the stereotypical reputation of Asians as the model minority.

Buoyed by stellar performances from Yeun and Wong, Lee Sung Jin’s ‘Beef’ is a delicious ten-episode series that examines the tensions of living up to the myth of the model minority.

Sung brilliantly expounds on the anger that’s seething inside

many of us – the characters just happen to be Asian, which is another plus for the creator – and solidly crafts a spiraling story emanating from that seemingly simple road rage incident.

Steven and Ali, who are terrific, and the rest of the cast, including Joseph Lee (George), Ashley Park (Naomi), Young Mazino (Paul), David Choe (Isaac), and Patti Yasutake (Fumi) have made viewers binge watch. It is the most popular show on Netflix as I write this.

(Note: A controversy involving David Choe is resurfacing, emanating from a 2014 podcast in which he claimed to have forced a masseuse into oral sex. Choe has since apologized and maintained he concocted the story.)

Naomi Ishisaka of The Seattle Times wrote: “...There’s nothing polite about Beef – and that’s the point. Angry, profane, and full of people making very bad choices, Beef is in many ways a groundbreaking moment for Asian American representation in media.”

Walter Chaw of Decider declared: “It’s a profound indictment of Hollywood wisdom that there isn’t enough Asian-American talent to populate a single motion picture, much less five hours of streaming content — and even if you could find the talent, that there wouldn’t be enough interest in the outcome to justify the ef-



Netflix’s ‘Beef’ is a Fascinating Story of Fury with Steven Yeun and Ali Wong

first pinhole leak in that dam of entrenched, smug, systemic racism — and Beef, debuting at the top of new programs on Netflix, might be the next.”

“What’s most exciting about both projects to me, however, is the extent to which seeing Asian-Americans cast in ‘normal’ roles has been, in an almost ecclesiastical sense of the word, awesome to behold.”

BEEF

Beef perfectly matches the talents of the three figures who drive the show. From The Walking Dead, Steven has metamorphosed into a compelling lead actor in Okja, Burning, Minari, and now, Beef.

Ali, memorable as Sasha in Always Be My Baby and other films, sinks her teeth into Amy – and what a riveting portrayal she gives!

Sung (nicknamed Sonny), who has many TV writing credits, breaks through with Beef, his comedy-drama that mines the anger, emptiness, and dissatisfaction lurking behind our zen homes.

fort.”

awards-season triumphs of The Daniels’ Everything Everywhere All At Once is the

“I think the popularity and

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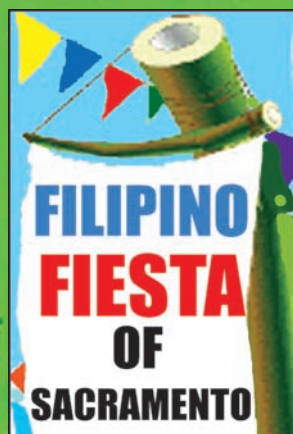
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